MULTIPLE SCLEROSIS SOCIETY SUTTON COLDFIELD & DISTRICT BRANCH

Multiple Sclerosis Society
Charity No. 207495

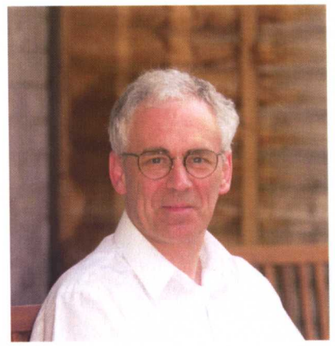
Miscellany

JULY 2003

Welcome to the second "new look" Branch Bulletin.

The new editorial team, Mike Shaw and Vicky Pennicott are ***still*** anxious to hear your responses to the updated format.

DOUBLE CELEBRATIONS !



Our Member **David Luscombe** is to receive The MBE at Buckingham Palace in November, for his Council services since 1979.

(Picture courtesy of The Sutton Coldfield Observer)



Lisa Robinson (Jayne's daughter) gained a BA (Hons.) in :-
"Special Needs & Inclusion in Society & Early Years Studies"

(Picture courtesy of Mrs. Robinson)

Welcome to MiScellany.

The new editorial team of Mike Shaw and Vicky Pennicott welcome your news, letters and comments and will print any articles and reports of good/bad/useful/funny/awkward or silly experiences you have had.

So let's have 'em

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MS HOMEPAGE

MONDAYS AND FRIDAYS

We still want to put on some activities in the Centre for members in addition to the Advice and Information Service. These are only likely to last for a short time, 20 -30 minutes. We have a few ideas as reported last time but do you have any suggestions ???

Vicky's daughter, Mary has already done one session of Eyebrow Plucking and intends to expand on this— next session - July 28 th - more to follow !

We are very keen to hear your ideas and will try to arrange some things for you if YOU TELL US WHAT YOU WANT!!

Please contact Mike Shaw, Vicky Pennicott or any of the committee at the Centre.

INFORMATION AND PUBLICATIONS

At the Centre we hold an extensive range of MS publications. If you require any of these, either call or telephone for further details.

WE NEED YOUR HELP

WE ARE COLLECTING FOR MS SEVERAL TIMES OVER THE NEXT FEW WEEKS See Jayne to add your name to the rota

PET NAMES

Let us know if you have any "pet names" for any of your stuff?

FILE 'O' FIXITS

As promised we have started to produce a comprehensive list of Handy men and women/skills persons Professional tradesmen/women, preferably recommended by yourselves. Dig deep into your 'little black book' for your contacts.

Please see separate page for the first listing.

ATTENTION ALL CARERS

Please phone The Centre to learn something to your advantage.

0121 354 8593

CHARITY SHOP

Don't throw it away !

There is now an official MS Charity shop at Cotteridge in Birmingham !

We plan to make a delivery to this shop *as and when.* This probably means leaving stuff at the Centre - please ask Jayne for details !

You Know You Are A Brummie if;

You say 'town' and expect everyone to know which one!

You have never been to Aston Hall but you know intimately the backstreets of West-Super-Mare!

You can get into a four-hour argument about how to get from Erdington to Northfield at 3:30 on the Friday before a long weekend, but can't find Coventry on a map!

You think Maypole, Druid's Heath, California, Bangham Pit and Gannow sound perfectly normal names for places!

You believe that being able to swear at people makes you multi-lingual!

You've considered punching someone just for implying that you have a funny accent!

Your door has more than three locks!

You can't see anything strange about your three favourite bands being ELO, Black Sabbath and UB40!

You like sterilised milk—'sterra'!

You know that Birmingham has more miles of canal than Venice—and you feel the need to share this information with everybody you meet!

You only have strong views on art when the City Council put up a three-dimensional piece of it in the City Centre!

You consider Sutton Park the 'countryside'!

You think Cannon Hill Park is 'nature'!

You could never see anything odd about Crossroads!

You pay 1,200 a month for a studio apartment the size of a walk-in wardrobe in Brindley Place and you think it's a bargain!

You've been to Wolverhampton twice and needed Air/Sea rescue to get home both times!

You pay more each month to park your car in the city centre than you do in rent!

You listen to Ed Doolan but say you can't stand him!

You own several tons of fishing tackle that have never so much as seen water!

You have dinner at lunchtime and go home to tea!

You haven't been to the Rag Market since your mom took you there to get a school blazer in 1974 but have to date singed 37 petitions to stop it closing!

You go to Broad Street and pay £3 without blinking for a beer that cost the bar 28p!

You spend the waking hours complaining about Birmingham Cable and West Midlands Travel!

You moaned about the cost of the NEC, ICC, NIA, Symphony Hall etc!

You tell everybody you met Bill Clinton and the Eurovision Song Contest came here because of the vision of the city council!

You think that being refused entry at eighteen bars in three hours constitutes a good night out!

Your idea of personal space is no one actually standing on your toes!

You can't see anything wrong with a bus route that is twenty-two miles long, takes four hours and finishes where it starts!

You just know that the Millennium Dome, National Stadium and 1992 Olympics went to the wrong place!

You allow three hours for a two mile motorway journey!

THE LOO ROLL

We are producing a list of all the disabled loo's in the Sutton Coldfield area.

These are the ones we know about, but will be very pleased to hear from you about any others. (Those in Italics are new additions)

BOLDMERE

BISHOP VESEY PUB

SUPERLOO

MERE GREEN

SAINSBURY'S

MINWORTH

ASDA

NEW OSCOTT

HOMEBASE

TESCO

SUTTON TOWN CENTRE

ASK RESTAURANT

BEATTIES

BHS

CAR PARK (BEATTIES) ENTRANCE (BHS END)

JJB SPORTS

LIBRARY

McDONALDS

STARBUCKS

WOOLWORTHS

MARKS & SPENCERS

SHENSTONE

WYVALE (FOSTERS)

WALMLEY

HEALTH CENTRE

SUPERLOO

LICHFIELD

CAR PARK (BACK OF WOOLWORTHS)

WALSALL

TOWN HALL

This is just for starters but we would like to know about other areas such as Aldridge, Erdington, The "Fort" & other outlying areas, garden centres etc.

Send in your contributions to The Centre or to Mike & Vicky

CARAVANS

The hire rates for members for 2003, per week are:

BILLING	
July	100.00
August	100.00
September	90.00
October	90.00

UNITY FARM	
July	165.00
August	165.00
September	150.00
October	135.00

The hire rates for non members for 2003, per week are:

BILLING	
July	150.00
August	150.00
September	140.00
October	140.00

UNITY FARM	
July	255.00
August	255.00
September	225.00
October	215.00

Bookings can be made at The Clifton Road Youth Centre ONLY
(see page 8 for opening times), where a deposit will be required.
Preference will be given to MS sufferers.

DIARY DATES 2003

July 18th - Collecting at Tesco's New Oscott

August 6th - Monthly meeting @ Westfield Court Hotel 7.30pm **AUCTION**

August 8th - Collecting at Sainsbury's Centre } outside

August 9th - Collecting at Sainsbury's Centre } Wilkinsons

August 22nd - Collecting at Sainsbury's Mere Green

September 3rd - Monthly meeting @ Westfield Court Hotel 7.30pm

Talk by Don Pritchard, about his wartime Convoy experiences

October 1st - Monthly meeting @ Westfield Court Hotel 7.30pm

November 5th - Monthly meeting @ Westfield Court Hotel 7.30pm

November 27th - Dr. Carl Chinn @ Westfield Court Hotel. Time TBA.

December 3rd - TBA but probably re-instated

NB. The Clifton Road Centre will be CLOSED from :-

18/8/03 to 31/8/03

Further details such as times, venues, transport and meeting places will be given as and when appropriate.

MULTIPLE SCLEROSIS SOCIETY
SUTTON COLDFIELD & DISTRICT BRANCH

MONTHLY BRANCH MEETINGS

1st Wednesday of every month at 7.30 p.m.

Westfield Court Hotel

Birmingham Road

Sutton Coldfield

ADVICE & INFORMATION CENTRE

Monday and Friday 10am 'til 3pm

Clifton Road Youth Centre

Clifton Road

Sutton Coldfield

0121 354 8593

COMMITTEE FOR 2003

CHAIRMAN	Julie Leeson	0121 308 4089
SECRETARY	Pauline Commander	0121 382 1385
TREASURER	Jayne Robinson	0121 308 5641
WELFARE	Anne Forbes	0121 384 3639



FILE 'O FIXIT



A Directory of skills, tradesmen and people who can help you.
Please send us your contacts so we can expand this list

C.B. Electrical Colin Bartlett	01543 375354	07719 854812
Jigsaw - Ashley Jones Print & Promotion	01543 418082	07957 142144
Brian Walker Plumbing etc.		0121 355 7772
Disabled Aids (Cannock) Ltd.		0153 500488
" (Lichfield)		01543 415409
" (Stafford)		01785 227877
J. Clean Home Cleaning - Jayne	07901 991170	0121 525 4285 (Home)

Scootermart—Lanes Shopping Centre - Wylde Green - All Disabled Equipment
0121 384 7831

WANTED

General Handyman for those irritating jobs around the house

Contact Jayne at the Centre

"One Day in June"

By Sue Bond

After not doing much of anything, Jayne asked would I like to go on the trip to Alton Towers? I had a wonderful day as I think all who went did. Weather was in our favour, lunch was wonderful and I could not believe the rides that are available now.

Not that I was brave enough to venture on anything more death defying than the swans, but just people watching, no better place could be found. Youngsters screaming, laughing, being sick—what harmless fun. Late afternoon I decided to venture off on my own to see the sights, what better way to do it than the cable car. My daughter, being protective, said I should only go if I could get a return car back to where she would be waiting for me, and **NOT TO SPEAK TO ANY STRANGERS!** You are asked to alight from the car and rejoin the queue for the return trip. This I intended to do but joined the queue for the journey across the park. Glad I did; the view of the gardens was wonderful. The **STRANGERS** I spoke to were fun and I felt quite elated. It was quite a walk back to where I had left my daughter, I rested a couple of times and didn't rush.

However, when I returned to the designated meeting place—daughter wasn't there! I decided to stay put until found. Spoke to a few more **STRANGERS** and noted time was getting on. Daughter appeared "been looking for you, you've been gone for forty minutes" - did have fun even more after being told off! All those years of worrying for my children—times have changed!

To make up for my escape and making her anxious I went to get a drink. After queuing for what seemed an age I collected two halves of nice cold lager. But with my limp and then a spasm I returned with two glasses with a quarter left! We had a great laugh and decided we would wait for a drink, after all we would need the loos again if we drank a whole half a pint.

Thanks Jayne, we had a great day—Where are we going next??? (EDEN PROJECT? - see Jayne - Ed's note)



Neil anticipates a ***'SCARY'*** ride



Well nobody was ***'sick'***



Now for home, feet up and a 'cuppa'



HOT WHEELS.



A NEW FEATURE, LISTING PLACES WHERE WHEELCHAIRS AND SCOOTERS ARE LOANED FOR SHOPPING Etc. - PLEASE REMEMBER THAT YOU MAY NEED TO BOOK IN ADVANCE

SHOPMOBILITY SCEMES

SUTTON TOWN CENTRE

BIRMINGHAM CENTRE

LICHFIELD

WALSALL

TAMWORTH

WEST BROMWICH

SUPERMARKETS

ASDA – MINWORTH

ASDA - GREAT BARR

TESCO - NEW OSCOTT

B & Q - CASTLE VALE

OTHERS

KINGSBURY WATER PARK - SEE BROCURE AT CLIFTON RD. CENTRE

CADBURY WORLD

QUIZ

Here's one for all you budding 'Ornithologists'.

Enter the name of the 'BIRD' against each clue.

Beware ! Some are anagrams.

Prize for the one who gets the most correct answers. Hand in at the September meeting - or send to :-

Mike Shaw, 77 Melrose Ave. Sutton Coldfield, West Midlands, B73 6NS

GOOD LUCK

1	Rod's feathered friend	
2	Pantin' up the cliffs	
3	Castle	
4	Found after dark in a force 10?	
5	Find Another one in here	
6	1st bird sent from the Ark	
7	Playfully mock the length	
8	….. Crest – a TV soap	
9	Theatrical flop	
10	Early Bird? No a late one	
11	Ancient soothsayer	
12	Abraham's second day sacrifice	
13	Williams Hood or Cook	
14	One can't but ……?	
15	A cowardly mallet	
16	The Smallest British bird	
17	Rossini's tea leaf	
18	Royal angler	
19	Gallico novel	
20	Crossing place	
21	Two under par	
22	Unit of speed	
23	Jump the lights	
24	Does it fast from May to August?	
25	Way replaces 500 at the start of sweet-heart	
26	Architect	
27	Naïve leg	
28	Weightlifter	
29	Blue locomotive	
30	Fairground attraction	
31	Meadow grub	
32	Emblem of the R S P B	

33	Ivy for example	
34	Treacle Tart!?!?!?	
35	One found in heaven	
36	Spider	
37	One under 21	
38	How do you get a stuck doorbell to work?	
39	Found in a Nicholson file title	
40	Did he lead the rats over the dunes	
41	Jumps for the RAF	
42	Mary, Dean or Steve	
43	The tenth letter	
44	Two sounds like s steam engine	
45	Pebble talk	
46	Pastime	
47	Not smooth	
48	Speech repeater	
49	Coal digger?	
50	Festive ballet	
51	Price of a shaver	
52	Mythologically, it rises from the ashes	
53	Criticize	
54	Kebab holder?	
55	Bulb or insect	
56	Toy for the FO	
57	"Pretty …", hit for Manfred Man	
58	Duck a la Orange	
59	Famous drink	
60	Makes arms green	
61	I followed my old man with my old one	
62	Brag	
63	Kind of cut tobacco	
64	Venerated by the ancient Egyptians	
65	Shell product	

65	Shell Product	
66	Swine time	
67	Does this bird fly round the bend?	
68	James Bond film	
69	Glutton	
70	Abdul, the …. Emir	
71	Deliverer?	
72	Keep on short supply	
73	What a cat alarm clock might say?	
74	A Chekhov play	
75	In second order	
76	…. And Amazons" – Children's book	
77	Communist election	
78	Used for high rise walking	
79	What to do with a bad tooth?	
80	1939 film – "Drums along the Mo….."	
81	Lash sorry Prince	
82	Acrobat	

83	Hikers would find one	
84	Found at the mill?	
85	Shelley wrote an ode to it	
86	Adjusts the sound quality on your set	
87	Doggy greeting	
88	Perform twice	
89	Antipodean sportsman	
90	Quiet swain	
91	Silicon's family	
92	Victim of the Ordnance Survey	
93	One of Batman's enemies	
94	A train tract	
95	Found in the orchestra	
96	Margery's brother, perhaps	
97	Will she tie up your boat?	
98	Flags	
99	21s bird	
100	Flinch	

THE END

Notes and Ideas

Your chance to write for the next issue