MULTIPLE SCLEROSIS SOCIETY SUTTON COLDFIELD & DISTRICT BRANCH

MS
Multiple Sclerosis Society
Charity No. 207495

MiScellany

JUNE 2004

SECOND CHARITY GOLF TOURNAMENT AT LEA MARSTON ON 19th APRIL 2004



IRIS LANGLEY DRIVES IN STYLE



NOW WHERE DID IT LAND?



A "COMMANDING" STANCE

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Mike and Vicky look forward to receiving any items from you to add to your bulletin. Articles, reports, funnies and experiences are welcome.

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MS HOMEPAGE

YOUR SUPPORT

IS NEEDED AS WE ARE COLLECTING FOR MS SEVERAL TIMES THIS YEAR

The NEXT dates for your diary are :-

10th July	Gracechurch Centre
30th July	Sutton Library
31st July	Sutton Library
14th August	Tesco, New Oscott
26th August	Sainsburys Mere Green

AS YOU CAN SEE, WE HAVE MANY DAYS OF COLLECTING DURING THE SUMMER, SO WILL NEED PLENTY OF

HELP ... PLEASE?

Contact Jayne to be included - 308 5641

Condolences go to Anne Forbes who recently lost her father to cancer. Our thoughts are with her and her family during this sad time

KEEP LOOKING GOOD

Mary, our beauty therapist will be at Clifton Road on :—

Monday 28th June	11.00am
Monday 26th July	11.00am

A price list is available at the Centre.

ACCESSIBILITY NEWS

***The Birmingham Rep** offers theatre seats for disabled at £10.00 wherever you sit, but special area at front for wheel-chairs. Carers go free.*
Booking office : 0121 236 4455

***Symphony Hall** offers 50% on seats anywhere in the auditorium for disabled persons and carer. Special boxes for wheelchairs.*
Booking office : 0121 780 4949

WATCH THIS SPACE

FOR DETAILS ABOUT OUR OWN

WEBSITE!

We sadly said good-bye to John Robson who passed away last month.

Our condolences go out to Lorraine and his family.

HOMEPAGE (CONTINUED)

CHARITY SHOP

Very Sadly, due to reasons beyond our control, our one and only Charity Shop in Cotteridge is now closed. This means that we no longer have the facility to dispose of our un-needed stuff.

Come and have a go if you think you're "*SMART*" enough

We are offering a very *tasty* way of raising funds.

The system is, you take tubes of ***Smarties*** away. Eat them and then fill the empty tubes with pennies (or even 20p coins !). Then you return it to us and we bank the money into the Branch Account.

This scheme has been used by other charities to great effect, so let's have a go !

Jane will have the first batch of ***Smarties*** at the Clifton Rd. Centre on Friday, 4th June. Place your orders now before our Chairman, Julie Leeson, eats the lot— (she's a bit of a ***Smartieholic***)

We are holding a competition, whereby the person submitting the most amount of coinage, wins a prize. This competition will be judged bi-monthly, in line with the bulletin, where a prize will be given. The cumulative winner by next Easter (bit of a clue !!!) will win the ***"GRAND"*** Prize.

HAPPY BIRTHDAY

JUNE

4th	Joyce Wells
10th	Tracey Christie
12th	Helen Joyce
17th	Beryl Foster
18th	Norma Jones
21st	Neil Harris
28th	Jon Bates

JULY

7th	Sylvia Barrett
8th	Iris Deakin
8th	Vicky Pennicott
9th	Susan Hardy
13th	Nicholas Jackson
16th	Patrick Blackford
16th	Anne Forbes

AUGUST

1st	Jayne Robinson
2nd	Maria Slater
2nd	Leslie Hall
6th	Jennifer Jack
13th	Stan Povey
16th	Dee Dunstan
18th	Christine Latham

Special wishes to IRIS DEAKIN who has a VERY SPECIAL birthday this July
HAPPY BIRTHDAY

MULTIPLE SCLEROSIS SOCIETY
SUTTON COLDFIELD & DISTRICT BRANCH

MONTHLY BRANCH MEETINGS

1st Wednesday of every month at 7.30 p.m.

Westfield Court Hotel

Birmingham Road

Sutton Coldfield

ADVICE & INFORMATION CENTRE

Monday and Friday 10am 'til 3pm

Clifton Road Youth Centre

Clifton Road

Sutton Coldfield

0121 354 8593

email :- suttonms@hotmail.com

COMMITTEE FOR 2004

CHAIRMAN	Julie Leeson	0121 308 4089
SECRETARY	Pauline Commander	0121 382 1385
TREASURER	Jayne Robinson	0121 308 5641
WELFARE	Anne Forbes	0121 384 3639



CARAVANS



WESTON-SUPER-MARE

Rates for Members

UNITY FARM	
June	150.00
July	**BOOKED**
August	**BOOKED**
September	150.00
October	135.00

Rates for Non-members

UNITY FARM	
June	225.00
July	**BOOKED**
August	**BOOKED**
September	225.00
October	215.00

NORTHAMPTON

Rates for Members

BILLING	
June	90.00
July	100.00
August	100.00
September	90.00
October	90..00

Rates for Non members

BILLING	
June	140.00
July	150.00
August	150.00
September	140.00
October	140.00



Bookings can be made at The Clifton Road Centre **ONLY**
(see page 5 for opening times), where a deposit will be required.
Preference will be given to MS sufferers.



MESSAGE BOARD

THIS IS YOUR PAGE TO PIN UP NOTICES

EDITORIAL COMMENT

We have now been producing this bi-monthly bulletin "Miscellany since December 2003 and must admit, we are thoroughly enjoying it.

We hope we are meeting the needs of our members, but sometimes feel that we are not providing enough news and information about research, development of new drugs etc. Much of this information is available through regular publications, eg. MS Matters and there is a wealth of information held at our Centre.

We feel that Miscellany is a more light-hearted look at MS with details of local events, opportunities and facilities. Is there anything else you'd like to see? We are very keen to have comments about what you think.

WANTED

Entertainments Officer

To arrange activities for our Wednesday Night Social evenings at the Westfield Court Hotel.

Please contact Mike or Vicky for more details

"CONGRATULATIONS"

MIKE & LIZ SHAW FOR GIVING UP SMOKING FOR

4 MONTHS

Mobility Roadshow - Donnington Park

17th, 18th, 19th June '04 10.00 - 10.00 - 5.00 daily

Wheelchair & Scooter loans

A wheelchair and scooter loan facility, operated by **Keep Able** and sponsored by **Asda**, will be in operation at the Roadshow. The facility is pre-bookable, subject to availability, and a £50 deposit, fully refundable at the show, will be requested at the time of booking. A deposit will also be required for any on-day bookings at the show.

To make a booking or for further information, contact **Jackie James** at Keep Able on **01384 484544**

Please note that some of our members have already decided to go to these venues and may be able to arrange car sharing, lifts etc.

For more details

Contact Jayne Robinson - 0121 308 5641

or Mike Shaw - 0121 686 2415

DON'T FORGET

Saturday 10th July is MS Awareness Day. We have a "Display" in Sutton's Gracechurch Centre and you will be Very Welcome to come along and give your support

GOLF TOURNAMENT

Held at Lea Marston Golf Club on Monday 19th April



Very many thanks to **Iris Langley** for all her hard work in organising this event and for raising in excess of **£700**. Thank you VERY much.



A special thank you to **Darren Lewis**, the Golf Professional and Lea Marston Shop Manager for his tireless support for this event.



Winners



Teams

1st. **Roger Youster**, John Parry, Derek Harris, Roger Fullard.

2nd. **Boldmere Ladies,** Maria Carpenter, Val Morris, Gill Corbett, Sandra Cooper.

3rd. **Iris Langley,** Richard Langley, Maureen Green, Rob Willets.

4th. **Roy Allen,** Barry Watkins, David Willets, Alf Taylor.

Longest Drive

Male :- Rob Willets **Female :- Nicky Sheerin**

Nearest the Pin

Male :- Steve Farrow **Female :- Toni Jerman**

Putting

Richard Langley - 16 strokes

Iris Langley would like to thank all the members of the Sutton Coldfield & District Multiple Sclerosis Society for all their help on and prior to the day

Ladies Page

Hello Ladies. This is a new page specially designed for you. Due to the Equal Opportunities regulations, we will be doing a "Gentlemen's Page" in the next bulletin. Nevertheless, read on and ENJOY!

The Rules

The **FEMALE** always makes ***The Rules.***

The Rules are subject to change at any time without prior notification.

No MALE can possibly know all ***The Rules.***

If the **FEMALE** suspects that the MALE knows all of ***The Rules*** she must immediately change some or all of ***The Rules.***

The **FEMALE** is never wrong.

If the **FEMALE** is wrong, it is due to a misunderstanding which was a direct result of something the MALE did or said wrong.

The MALE must apologise immediately for causing said misunderstanding.

The **FEMALE** may change her mind at any time.

The MALE must never change his mind without the express written consent of the **FEMALE**.

The **FEMALE** has every right to be angry or upset at any time.

The MALE must remain calm at all times unless the **FEMALE** wants him to be angry and/or upset.

The **FEMALE** must, under NO circumstances, let the MALE know whether or not she wants him to be angry and/or upset.

The MALE is expected to mind read at all times.

If the **FEMALE** has PMT, all ***The Rules*** are null and void.

The **FEMALE** is ready when she is ready.

The MALE must be ready at all times.

Any attempt to document ***The Rules*** could result in bodily harm.

The MALE who doesn't abide by *The Rules* can't take the heat, lacks backbone and is a **WIMP.**

Ladies Page (continued)

DIET

This is a specially formulated diet designed to help women cope with the stress that builds up during the day.

BREAKFAST

1 Grapefruit

I slice dry wholemeal toast

1 cup of skimmed milk

LUNCH

Small portion of lean steamed chicken

I cup of spinach

1 cup of herbal tea

1 chocolate chunk cookie

AFTERNOON TEA

The rest of the chocolate chunk cookies in the packet

1 tub of Hagen Daas Ice cream with chocolate topping

1 family pack of Hob Nobs

DINNER

4 Bottles of wine - red or white

2 loaves of garlic bread

1 family size Supreme Pizza

3 or more Snickers bars

LATE NIGHT SNACK

Whole frozen Sarah Lee Cheesecake (straight from the freezer)







Perhaps you might be able to use this notice at home?

TEENAGERS

Tired of being harassed by your stupid parents!

ACT NOW!!!

Move out!

Get a job!

Pay your own bills!

While you still know everything!



MOGGIES & DOGGIES QUIZ



ANSWERS

Joint winners are :- Rob & Viv Barnes and Helen Cippico

Both with a score of 48/50 WELL DONE!

1	Planet	Pluto	26	Stumbler	Lurcher
2	Heap on a hill	Cairn	27	Sore throat ?	Husky
3	Chocolate bar for a king	Lion	28	English monarch	King Charles
4	Cooper or Cowdell	Boxer	29	Food	Chow
5	Heinz 57!	Mongrel	30	Noakes's pet?	Shep
6	Gloucestershire cricketer	Jack Russell	31	Boating trio's companion	Montmorency
7	Mick the Miller, for example	Greyhound	32	Sad Irish county	Kerry Blue
8	Cross country runner or jet	Harrier	33	Roundabout rider	Dougal
9	Arrow or index finger	Pointer	34	Do this with cream	Whippet
10	Recently discovered territory	Newfoundland	35	Pet cost a shilling	Bobcat
11	Jones or Cruise	Tom	36	Veg with no bloom	Collie
12	Darwin's ship	Beagle	37	Makes chains	Lynx
13	Kelly's pet from Douglas	Manx	38	Seasonal monarch leaps about	Springer
14	Trucker's bar	Yorkie	39	Lady's lover	Tramp
15	Drummond for example	Bulldog	40	Technique to remove airfield fog	Fido
16	Beauty spot near Keighley	Airedale	41	Trier ever keen to fetch	Retriever
17	Mark the gold medal swimmer	Spitz	42	A,B or O chaser?	Bloodhound
18	Native of Strasbourg	Alsatian	43	Goat or bunny	Angora
19	Schultz's famous creation	Snoopy	44	Hebridean Island	Skye
20	Type of cross	Maltese	45	Hunts at the Molineux ?	Wolfhound
21	Gasfitter	Corgi	46	Menace's comic pet	Gnasher
22	Tweetie Pie's adversary	Sylvester	47	Half lion, half eagle ?	Griffon
23	Hamlet ?	Great Dane	48	_____mouth or Joe	Cocker
24	Underworld guardian	Cerberus	49	We are _____if you please	Siamese
25	Scottish Miss	Lassie	50	Star of "The Man from Hell's river" (1922)	Rin tin tin

FILE 'O FIXITS

A Directory of skills, tradesmen and people who can help you. Please send us your contacts so we can expand this list.

BUILDER - ADAM WHITEHOUSE

Whitehouse Building Services

27 Birch Croft Rd. S/C

0121 311 2751



CLEANER Private & Commercial

J Clean **JAYNE**

Mob: 07901 991170

Home: 0121 525 4285



DECORATOR - Interior & Exterior,

Glazing & minor repairs

STEVE BROWN

Mob: 07803 504611—0121 351



GARDENER

BOB SEMPLE

Home: 01543 570646



CENTRAL HEATING Fitting & Repairs

MPH Gas Services Corgi registered

PETE CROSS - 0121 329 2963

MIKE MORRALL - 01827 874077



PLUMBER

WATER AND GAS CORGI REGISTERED

MICK DOUGHTY of Sutton Coldfield

Home 0121 329 2779



ROOFER

ROY SWINDALE

Home : 0121 357 6114



Have you used one of these contractors?

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Your comments would be much appreciated to assist others.

CARPET/UPHOLSTERY CLEANER

STEVE CORFIELD

Mob: 07980 742197

After 7pm 0121 357 6749



COMPUTERS Personal, custom built PC's, Upgrades & Repairs

STEVE HOOPER

Mob: 07817 281681

Home 0121 240 8786



ELECTRICIAN—CB ELECTRICAL

Stonnall, Staffs—COLIN BARTLETT

Mob: 07719 854812

Home / fax 01543 375354



CARPET FITTING SERVICE

Carpets & vinyl supplied & fitted. Samples brought to your home for your selection.

STEVE TURNER

Home :0121 378 4367

Mob : 07889 899035



WASHING MACHINE REPAIRS

WASHER SHOP, 155 SOUTH RD. ERDINGTON

Mr. Simmons

0121 382 2305



PLUMBER

WATER AND GAS CORGI REGISTERED

BRIAN WALKER of Four Oaks

Home: 0121 353 7772



CARPENTER RCM

Robert's Carpentry & Maintenance Services

Home : 01922 459984

Mob : 07855 026726



DIARY DATES 2004

Here are the next 3 months' events for your diaries.
Please come along as we'd love to see <u>you all.</u>

JUNE

7th	**"Bonnie Babies"**	Westfield Court Hotel	7.30 –10.00
	Bring a photo of yourself as a baby. (guessing game)		
28th	**Mary - Beautician -**	Clifton Road	11.00am

JULY

7th	**Natter Night**	Westfield Court Hotel	7.30 - 10.00
10th	**Collection in Gracechurch Centre**		**All day**
26th	**Mary - Beautician -**	Clifton Road	11.00am
	MS Awareness Day		
30th	**Collection outside Library/Wilkinsons**		**All day**
31st	**Collection outside Library/Wilkinsons**		**All day**

AUGUST

1st	**Sutton Rugby Club Dog Show**		**All day**
	MS stall		
4th	**Another Natter Night**	Westfield Court Hotel	7.30 - 10.00
14th	**Collection at Tesco New Oscott**		**All day**
26th	**Collection at Sainsbury's Mere Green**		**All day**

The Committee would like to wish you all a lovely summer holiday.